

# Spaghetti and Meatballs

Original • Shared by Steve Janowicz

## Ingredients

- 1 lb ground beef
- 1 egg
- 1/2 cup breadcrumbs
- 2 cloves garlic, minced
- 1 tsp salt
- 1/2 tsp black pepper
- 2 tbsp olive oil
- 24 oz marinara sauce
- 12 oz spaghetti
- Parmesan (optional)



## Instructions

1. Cook spaghetti according to package directions.
2. Mix beef, egg, breadcrumbs, garlic, salt, and pepper. Form meatballs.
3. Brown meatballs in olive oil in a skillet.
4. Add marinara sauce and simmer 15-20 minutes until cooked through.
5. Serve sauce and meatballs over spaghetti. Top with parmesan if desired.